

Byron Bergen Junior Senior School

This institution is an equal opportunity provider. Menus are subject to change.



inco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the

U.S. It's a

SCHOOL NUTRITION EMPLOYEE APPRECIATION WEEK

Available Daily

Milk and Fruit offered at all meals Please tell us, if you have allergies Please use Myschoolbucks.com Field Says May 22nd **Budget Vote May 20st Please Vote**



Thursday, May I

Breakfast

Toaster Pastry

Lunch

Ham & Cheese Hot Pocket Pasta Salad

Sub Line

Veggie Dippers Salt Potatoes Fruit

Friday, May 2

Breakfast

Bagel & Cream Cheese Decafe Iced Coffee/Muffin **School Lunch Day**

Pulled Pork on Roll Cheddar Cheese, Pickles

Pizza Line

Corn **Sweet Potato Fries** Fruit

COOK FRESH

A lot of processed foods - cereal, ketchup, cheese, and soda, to name just a few common items -- are often loaded with sodium (whether you can taste it or not) and most restaurant meals are very high in salt, too. In fact, the best way to be sure that your family is not eating too much sodium is to cook fresh foods at home and keep your hands off the shaker.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!**

Monday, May 5

Breakfast

Cereal Bar & Cheese Stick

Cinco de Mayo Lunch

Fiestada Pizza Churro

Pizza Line

Corn Black Bean Salsa Fruit

Tuesday, May 6

Breakfast

Crescent Sandwich

Lunch

Chicken Parm. on Bun Seasoned Noodles & Sauce

Sub Line

Romaine & Tomato Salad Mixed Vegetables Fruit

Wednesday, May 7

Breakfast

Waffles

Lunch

Taco & Rice L. T. Cheese & SC

Pizza Line

Mixed Vegetables Refried Beans Fruit

Thursday, May 8

Breakfast

Breakfast Stacker

Lunch

Variety Pizza

Sub Line

Veggie Dippers Green Beans Fruit

Friday, May 9

Breakfast

Bagel & Cream Cheese or PB Smoothie/Muffin

Lunch

BBO Rib on Bun L.T.C & Pickle

Pizza Line

Corn **Cucumber Salad** Fruit



Thursday, May 22

SUMMER MEALS! ALL KIDS EAT FREE!

No paperwork necessary. Must be 18 or under for free meals

Monday - Friday,
July 7th - Aug 24th, 2025
Please call 494-1220 ex 1015 for more info.



Sites and times: Fireman's Park, Byron Lunch Only Hickory Park, Bergen Lunch Only Byron Bergen CSD Breakfast & Lunch

Anyone up through 18 years old can eat Free. Meals Must be eaten at the Park

Monday, May 12

Breakfast

Cereal & Crackers

Lunch

Chicken Patty on Bun Lettuce, Tomato, Cheese

Pizza Line

Sweet Potato Fries Baked Beans Fruit

Tuesday, May 13

Breakfast

Homemade Muffin

Lunch

 $\ \, \textbf{Grilled} \,\, \overline{\textbf{Cheese Sandwich}} \,\,$

Sub Line

Corn Tomato Soup/Crackers Fruit

Wednesday, May 14

Breakfast

Breakfast Burrito

Lunch

Pork Chop & Muffin

Pizza Line

Cheesy Potatoes Mixed Vegetable Fruit

Thursday, May 15

<u>Breakfast</u>

Waffles

Lunch

Italian Dunkers, Sauce Bread Stick

Sub Line

Broccoli Veggie cups & Dip Fruit

Friday, May 16

Breakfast

Bagel and Cream Cheese Smoothie/Muffin

Lunch

Macaroni & Cheese Roll

Pizza Line

Romaine Salad Green Beans Fruit

Monday, May 19

Breakfast

Cereal & Cheese Stick

Lunch

Pizza Crunchers, Dip Bread Stick

Pizza Line

Green Beans Carrots Fruit

Tuesday, May 20

Breakfast

Yogurt Parfaits

Lunch

Chicken & Waffles

Sub Line

Broccoli Cucumber Slices Fruit

Budget Vote Day

Wednesday, May 21

<u>Breakfast</u>

Breakfast Pizza

Lunch

Breakfast For Lunch French Toast, Eggs, Sausage

Pizza Line

Hash Browns Fruit Juice Fruit

Thursday, May 22

Breakfast

Loaded Hash Browns

Field Day Lunch

Hot Dog on Bun

Sub Line

Potato Salad Creamy Cucumber Salad Fruit

Friday, May 23

Memorial Day Break No School

Monday, May 26

MEMORIAL DAY NO SCHOOL

Tuesday, May 27

<u>Breakfast</u>

Cereal & Crackers

<u>Lunch</u>

Hamburger on Bun L,T,C & Pickle

Pizza Line

Baked Beans French Fries Fruit

Wednesday May 28

Breakfast

Breakfast Pizza

Lunch

Meatball Sub Pasta & Sauce

Pizza Line

Broccoli Romaine & Tomato Salad Fruit

Thursday, May 29

Breakfast

Breakfast on a Stick

Lunch

Pizza Rolls, Dipping Sauce

Sub Line

Veggie Cups Green Beans Fruit

Friday, May 30

Breakfast

Bagel & Cream Cheese
Decafe Iced Coffee/Muffin

Lunch

Chicken Fajita, Rice Peppers & Onions

Pizza Line

Black Bean Salsa Corn Fruit